

Worse Than DDT: When you Eat This It Ends Up Lingerin' in Your Gut

By Dr. Mercola, January 15, 2012

His complete Interview can be found on his website (www.mercola.com):
<http://articles.mercola.com/sites/articles/archive/2012/01/15/dr-don-huber-interview-part-2.aspx>

The Story At-A-Glance

- The major danger of genetically engineered foods may be related to the increased use of glyphosate, the active ingredient in Monsanto's weed killer Glyphosate, which is the most common weed killer in the US and just happens to be more toxic than DDT. Roundup, can accumulate and persist in the soil for years, where it kills off beneficial microbes and stimulates virulence of pathogens
- Since organically-farmed fields are not doused with glyphosate, organic fields still contain beneficial soil bacteria that actually *hinder* pathogens in and on the food from multiplying out of control. This may be yet another reason why organic foods are less prone to be contaminated with disease-causing pathogens than conventionally grown foods
- When applied to crops, glyphosate becomes systemic throughout the plant, so it cannot be washed off. And once you eat this crop, the glyphosate ends up in your gut where it can decimate your beneficial bacteria. This can wreak havoc with your health as 80 percent of your immune system resides in your gut and is *dependent* on a healthy ratio of good and bad bacteria
- Glyphosate is a strong chelator, meaning it immobilizes critical micronutrients, rendering them unavailable to the plant. As a result, the nutritional efficiency of genetically engineered (GE) plants is *profoundly compromised*. Micronutrients such as iron, manganese and zinc can be reduced by as much as 80-90 percent in GE plants